

## RSHE - Journey in Love whole school overview

	Physical	Social and Emotional	Spiritual
<p>Early Years- The wonder of being unique and special</p> <p>To explore the wonder of being special and unique. Children begin to know and understand that they are part of the wonder of God's love and creation</p> <p><u>Key words:</u> God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried, Baptism</p>	To recognise that we are all different and unique	To recognise being a special person in my family	To celebrate the joy of being a special person in God's family
<p>Year 1- We meet God's love in our family</p> <p>To focus on families and specially growing up in a loving, secure and stable home</p> <p><u>Key words:</u> unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, bottom, anus, legs, knees, ankles, feet, toes.</p>	To recognise how I am cared for and kept safe in my family	To recognise that I am loved in my family	To celebrate ways that God loves us and cares for us
<p>Year 2- We meet God's love in the community</p> <p>To describe how we are growing and developing in diverse communities that are God given</p> <p><u>Key words:</u> community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.</p>	To describe ways of being safe in communities	To recognise the joy and friendship of belonging to a diverse community	To celebrate ways of meeting God in our communities
<p>Year 3 -How we live in love</p> <p>To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe</p> <p><u>Key words:</u> community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.</p>	To describe and give reasons why friendships break down and how they can be repaired and strengthened	To describe and give reasons how friendships make us feel happy and safe	To celebrate the joy and happiness of living in friendship with God and others

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<p>Year 4 -God Loves us in our differences</p> <p>To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change</p> <p><u>Key words:</u> God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity</p>	<p>To describe how we should treat others making links with the diverse modern society we live in</p>	<p>To describe how we all should be accepted and respected</p>	<p>To celebrate the uniqueness and innate beauty of each of us.</p>
<p>Year 5-God loves us in our changing and developing</p> <p>To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty. -sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.</p> <p><u>Key words:</u> God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, reproduction, menstrual cycle, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period</p>	<p>To show knowledge and understanding of the physical changes of puberty.</p>	<p>To show knowledge and understanding of emotional relationship changes as we grow and develop</p>	<p>To celebrate the joy of growing physically and spiritually</p>
<p>Year 6 -To develop a secure understanding of what stable, caring relationships are the different kinds there may be.</p> <p>Focusing on Catholic teaching will also know and understand about the conception of a child within marriage</p> <p><u>Key words:</u> God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée</p>	<p>To explain how human life is conceived.</p>	<p>To develop a secure understanding that stable and caring relationships which may be of different types are at the heart of happy families</p>	<p>Showing an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others including lifelong relationships</p>

