



## Year 5

Parent/Carer information about Journey in Love



### God loves me in my changing

#### Objectives

Know that as we grow we will become different in our bodies, feelings and love of God

#### Learning Content

- To learn about our changing bodies
- To learn about physical changes in boys and girls
- To learn about the menstruation cycle
- To learn about the production of hormones and how they affect our bodies
- To learn about our evolving set of values and moral codes

#### Key words

God,  
puberty,  
presence,  
celebrate,  
external, internal change,  
develop,  
ovulation

#### Prayer

Giver and protector of  
life, guide me as I  
grow and develop  
Amen

'I alone cannot change the world, but I can cast a stone across the water to create many ripples' - St Teresa of Kolkata