

St Aloysius Catholic Primary School



Personal, Social, Health and Economic Policy (PSHE)

OVERVIEW

We believe that all pupils are entitled to a broad and balanced curriculum regardless of race, gender, religion or ability. At St Aloysius we believe that through the teaching of PSHE, we are able to provide our children with the skills, knowledge and understanding they will need to become a healthy, independent, responsible and respectful member of society who understands how to develop personally, socially and emotionally. We promote a healthy wellbeing that allows children to manage their lives in the present and prepares them for the future. We believe that children learning to keep themselves safe is pivotal to their development and allows them to prepare for the opportunities, responsibilities and experiences they will encounter.

This policy outlines the Intent, Implementation and Impact of how PSHE is taught using a spiral curriculum in our school. The PSHE policy should be read in conjunction with the following policies: RSE, SEND and Safeguarding.

NATIONAL CURRICULUM

The National Curriculum states that PSHE is a necessary part of education and states that schools should tailor their programme's to reflect the needs and interests of the pupils in the school, in order to provide them with a good understanding of their environment and to provide them with the skills to make safe and well-informed decisions.

Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum should:

- Promote the spiritual, moral, cultural, mental and physical development of pupils.
- Prepare pupils for the opportunities, responsibilities and experiences of later life.
- Build on the content that is already included in the curriculum.

INTENT

We believe that PSHE enables children to become healthy, independent and respectful members of society.

Through teaching and upholding British Values, we ensure the children experience the process of democracy through their participation in our School Council elections. Through this the children are able to learn and understand how current society is organized and governed. We ensure children are fully aware of their own rights and responsibilities, learning to appreciate what it means to be part of a diverse, equal and multicultural society

- Understand what is meant by living a healthy lifestyle.
- Be aware of how to keep themselves and others safe.
- Understand the difference between positive and negative relationships.
- Understand how to maintain healthy relationships.
- Have self-respect and worth and know how to respect others.

- Be responsible, thoughtful and active members of a democratic society.
- Develop self-confidence and self-esteem.
- Make informed choices regarding personal and social

IMPLEMENTATION

When teaching PSHE, we use a range of teaching styles and strategies. We encourage a child-led curriculum where children are able to ask questions and talk about issues they find important. We emphasize an active learning environment by ensuring that children are included in class discussions, debates and circle times. Through group and class discussions, children set their own classroom charter which ensures that they are able to solve their own conflicts fairly. It may include some of the aspects below

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We respect each other's privacy (confidentiality)

In our Foundation stage, the sessions are based around children's own experiences to link with the Early Learning Goal of PSED.

In KS1 and KS2 the sessions follow our scheme of work but there are also opportunities to incorporate the needs of each class, their interests, worries and thoughts into the curriculum. Teachers use a range of teaching styles to suit all types of learners.

IMPACT

At St Aloysius, we aim for the following learning outcomes:

- Children to have the ability to speak openly about their opinions surrounding a PSHE topic.
- Children to be able to talk about their own beliefs and listen to the views of others.
- To develop speaking, listening and communication skills.
- To understand positive choices that contribute to a healthy lifestyle.
- To understand the differences between positive and negative relationships and how to maintain the positive.
- To understand how to be safe online and who to speak to if there is a problem.

ORGANISATION AND PLANNING

All staff are responsible for the teaching of PSHE.

PSHE will be taught in St Aloysius through:

- Specifically, timetabled lessons as well as teaching through different subjects such as science, computing and RE and RHSE.

- Assemblies
- Class discussions and circle time
- If/when issues arise, ensuring time is made to meet the needs of the children during and outside of lesson time.
- Extra-curricular activities e.g. health week, anti-bullying week, internet safety day.
- EITC- mentoring with Year 5 and 6

PROVISION MADE FOR CHILDREN WITH ADDITIONAL NEEDS

- Quiet/ sensory room – a comfortable safe space for children where they can relax and speak to a member of staff about any worries or concerns.
- Healthy and trusting relationships with all members of staff within our school.
- Learning mentor and class-based Teaching Assistants who conduct timetabled activities to develop social communication, speaking and listening skills.
- Differentiated methods will be used to ensure all pupils have equal access to the curriculum.

LINKS TO OTHER CURRICULUM AREAS

- Religious Education: religious and moral beliefs and values that influence and develop personal and social skills and promote healthy relationships.
- Relationship and Sex Education.
- English: communication skills and high-quality texts focusing on personal and social development.
- Maths: counting and money
- Science: drug awareness, medicines, keeping healthy and the environment.
- Computing: E-safety, internet awareness and communication.
- Citizenship:

ROLES AND RESPONSIBILITIES

All staff have a responsibility to ensure that they are up to date with current PSHE requirements and will attend relevant training to ensure best practice and be introduced to any new approaches the school may adopt. Feedback from staff to the PSHE subject lead is encouraged to further develop the PSHE curriculum to address any gaps which are identified. Staff will encourage children to communicate their own concerns and worries, reinforcing the message that staff will listen and support them in a serious, nurturing and professional manner. Pupil voice will also be used regularly to improve the quality of PSHE provision in the school.

MONITORING AND EVALUATION

Informal assessments are carried out as appropriate and self-assessment by the pupils is also used. Pupil interviews are conducted to talk to the children about their understanding and opinions of PSHE.

SAFEGUARDING

Teachers need to be aware that sometimes disclosures may be made during these sessions; in which case, safeguarding procedures must be followed immediately. Sometimes it is clear that certain children may need time to talk one-to-one after the circle closes. It is important to allow the time and appropriate staffing for this to happen.